

Town and Country: a circular walk from Morrisons store



Distance: approx. 3½ miles (5.5 km). Allow 1½ - 2½ hours for this circular walk.

Surfaces: On footpaths, lanes and roads. Sturdy waterproof footwear advised, especially in wet weather.

Gradients: Some steep slopes and one set of steps.

Obstacles: One stile on optional diversion, where there may be livestock so all dogs **must** be under close control.

(All information is provided in good faith and for guidance only. Numbers in the text refer to the detailed route map on page 2.)

VISIT LISKEARD
FOR THE EXPLORER IN YOU

Route Guide

Starting and finishing at Morrisons, this walk leads you through woodland and lanes to the east of Liskeard, then back into town through Castle Park and past historic St. Martin's church. You can then head back to your starting point, or visit the town centre with its historic sites and wide range of shops, cafes, restaurants and pubs.

From the Morrisons car park, head for the roundabout. Cross the road and walk round the corner until you see the bus shelter **1** on the other side of the road at the base of Charter Way. Cross the road. Right by the bus shelter is the entrance to a footpath which you now take.

After 100 yards you will see on your left some steps leading downwards **2**. Take these and follow the path through the woodland away from the noise of the traffic. After a short while you will come to a wooden fence with an underpass on the left **3**. Go through, bearing right and keep on the path, which becomes a green lane skirting the fields. Follow this undulating track for a quarter of a mile as it descends to the valley, becoming increasingly steep sided as it approaches Bodgara Mill.

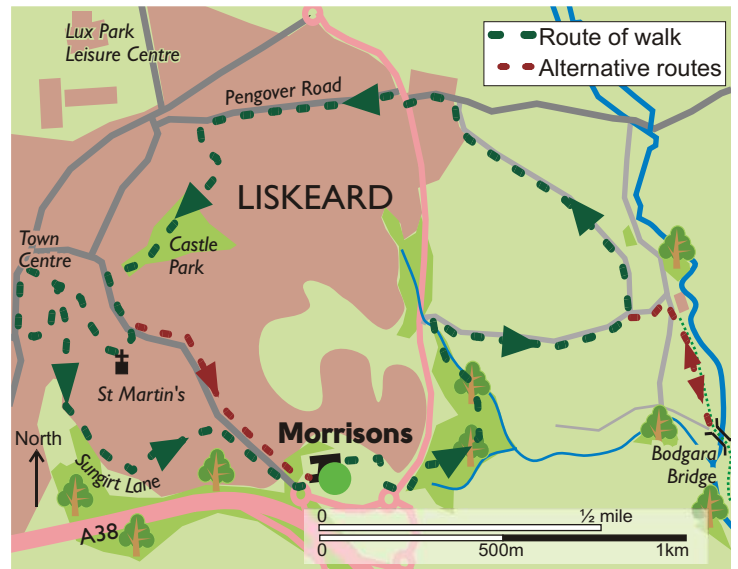
Tin Mining

As far back as 1506, it is recorded that the Mayor and Burgesses of Liskeard gave permission to stream for tin at "Bodgara Moors" on the river Seaton, but the mines remained shallow and must have yielded little, for they were soon abandoned. Liskeard, however, became an important centre of the Cornish tin industry as a "Stannary" town, where tin was brought to be assayed, stamped and taxed.

On your left you will come to a fork in the lane **4** which you should now take.

(However, if you fancy a diversion, you can carry on past the fork down to Bodgara Mill, going through the gate and turning right along the track past Heron Cottage. This will take you through a yard between stables and redundant greenhouses towards a field. Keep the stream on your left and the fence on your right. Once over a stile, the field opens out and you will see the little bridge over the river. Return to the main walk using the diversion you have just taken.)

After a short walk uphill you continue along a pleasant lane with scenic views over the valley below. You will pass stables and cottages and eventually meet Pengover Road **5**. Turn left and continue until you come to another larger road, Charter Way. Across from the junction you will see a road with a no entry sign. Cross over and walk along this continuation of Pengover Road.



Continue along the road, passing some allotments on your left. After a short while turn left down Dark Lane **6**. Bear right into Pengover Close. Take the path between the houses and then bear right into Castle Park.

Liskeard Castle

Probably built in approximately 1230-40 by Richard, Earl of Cornwall, as an imposing fortified manor house, the castle was described as ruinous only a century later. There have been numerous archaeological digs, but so far no evidence has been found.

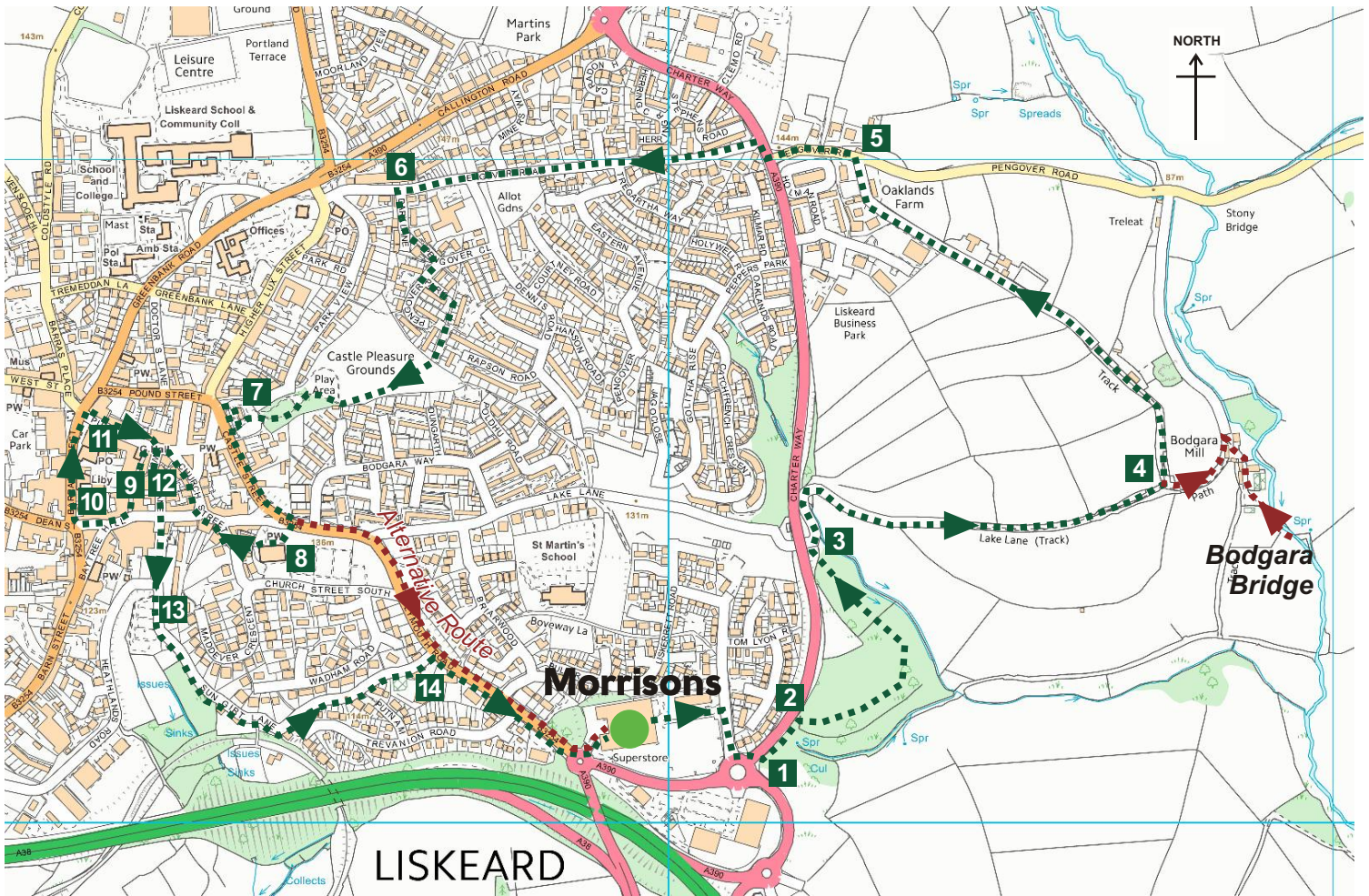
Head for the children's play area and then proceed down, through the trees, to the War Memorial **7**. On the way, look out for the historic Bull Stone which was used in the 1800s to tether bulls in the town centre. It now resides safely here in a flower bed.

Descend the sloping path to Castle Street, an attractive Georgian terrace. Turn left, then pop across the road to visit the beautiful 15th century St Martin's Church **8**. (If you like, on leaving the church, you can turn right along the Plymouth road and head back to Morrisons now.)

However, if you'd like to see more of the town of Liskeard, head for the west entrance to St Martin's, walk down Church Street and then into Fore Street **9**, our picturesque shopping area, where you will see signs directing you to all the interesting historic places in the town centre, including Stuart House **10** the Museum; the Information Centre **11** and the mediaeval Pipe Well **12**.

To return to Morrisons, head down Well Lane, past the ancient Pipe Well, through a car park down to Sungirt Lane **13**. This pleasant walk will loop you back to Plymouth Road **14** where you turn right to get back to your starting place.

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For more details of the route, use OS Explorer map 107, St. Austell and Liskeard

Follow the Countryside Code - Respect other people;
Protect the natural environment; Enjoy the outdoors.
(Visit www.naturalengland.org.uk for more details)



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