

Sundays only

Route 11 towards Bodmin

Plymouth Royal Parade (A7)	0835	1035	1235	1435	1635	1835	1935	
Railway Station Saltash Road	0839	1039	1239	1439	1639	1839	1939	
Milehouse Alma Road	0842	1042	1242	1442	1642	1842	1942	
St Budeaux Square [S1]	0850	1050	1250	1450	1650	1849	1949	
Saltash Fore Street	0855	1055	1255	1455	1655	1854	1954	
Callington Road shops	0858	1058	1258	1458	1658	1857	1957	
Burraton Plough Green	0900	1100	1300	1500	1700	1859	1959	
Landrake footbridge	0905	1105	1305	1505	1705	1904	2004	
Tideford Quay Road	0908	1108	1308	1508	1708	1907	2007	
Trerulefoot Garage	0911	1111	1311	1511	1712	1910	2010	
Lower Clicker Hayloft	0914	1114	1314	1514	1715	1913	2013	
Liskeard Charter Way Morrisons	0919	1119	1319	1519	1720	1918	2018	
Liskeard Dental Centre	0921	1121	1321	1521	1722	1920	2020	
Liskeard Post Office (arr)	0735	0930	1130	1330	1530	1730	1923	2023
Dobwalls Methodist Church	0742	0937	1137	1337	1537	1737		
Trago Mills	▼	0945	1145	1345	1545	▼		
Bodmin Parkway Station	0755	0955	1155	1355	1555	1750		

Route 11 towards Plymouth

Bodmin Parkway Station			1010	1210	1410	1610	1810	2010
Trago Mills			1020	1220	1420	1620	▼	▼
Dobwalls Methodist Church			1027	1227	1427	1627	1823	2023
Liskeard Lloyds Bank	0740	0840	1040	1240	1440	1640	1840	2032
Liskeard Dental Centre	0741	0841	1041	1241	1441	1641	1841	
Liskeard Charter Way Morrisons	0744	0844	1044	1244	1444	1644	1844	
Lower Clicker Hayloft	0748	0848	1048	1248	1448	1648	1848	
Trerulefoot Garage	0751	0851	1051	1251	1451	1651	1851	
Tideford Brick Shelter	0754	0854	1054	1254	1454	1654	1854	
Landrake footbridge	0757	0857	1057	1257	1457	1657	1857	
Burraton Ploughboy	0802	0902	1102	1302	1502	1702	1902	
Callington Road shops	0804	0904	1104	1304	1504	1704	1904	
Saltash Fore Street	0809	0909	1109	1309	1509	1709	1909	
St Budeaux Square [S2]	0814	0914	1114	1314	1514	1714	1914	
Milehouse Central Park	0823	0923	1123	1323	1523	1723	1923	
Railway Station Saltash Road	0826	0926	1126	1326	1526	1726	1926	
Plymouth Royal Parade	0832	0932	1132	1332	1532	1732	1932	

Sundays only

Route 11A towards Padstow

Bodmin Parkway Station	0756	0956	1156	1356	1556	1751
Bodmin Launceston Road ASDA	0804	1004	1204	1404	1604	1759
Bodmin Mount Folly Shire House	0809	1009	1209	1409	1609	1804
Bodmin General Station	0810	1010	1210	1410	1610	1805
Bodmin Community Hospital	0817	1017	1217	1417	1617	1812
Dunmere Borough Arms	0820	1020	1220	1420	1620	1815
Washaway Chapel House	0823	1023	1223	1423	1623	1818
Sladesbridge Slades House Inn	0828	1028	1228	1428	1628	1823
Egloshayle opp church	0829	1029	1229	1429	1629	1824
Wadebridge Bus Station	0836	1036	1236	1436	1636	1831
Wadebridge Showground	0843	1043	1243	1443	1643	1838
St Issey Ring O Bells	0848	1048	1248	1448	1648	1843
Padstow Tesco	0855	1055	1255	1455	1655	1850
Padstow Station Road	0900	1100	1300	1500	1700	1855

Route 11A towards Bodmin

Padstow Station Road	0905	1105	1305	1505	1705	1905
Padstow Tesco	0907	1107	1307	1507	1707	1907
St Issey Ring O Bells	0914	1114	1314	1514	1714	1914
Wadebridge Showground	0919	1119	1319	1519	1719	1919
Wadebridge Bus Station	0928	1128	1328	1528	1728	1928
Egloshayle opp church	0933	1133	1333	1533	1733	1933
Sladesbridge Slades House Inn	0935	1135	1335	1535	1735	1935
Washaway Chapel House	0940	1140	1340	1540	1740	1940
Dunmere Borough Arms	0943	1143	1343	1543	1743	1943
Bodmin Community Hospital	0944	1144	1344	1544	1744	1944
Bodmin General Station	0953	1153	1353	1553	1753	1953
Bodmin Mount Folly	0958	1158	1358	1558	1758	1958
Bodmin Launceston Road ASDA	1000	1200	1400	1600	1800	2000
Bodmin Parkway Station	1008	1208	1408	1608	1808	2008

Sundays only

buses towards Newport

Plymouth Royal Parade A7	0735	0935	1135	1335	1535	1735
Railway Station Saltash Road	0739	0939	1139	1339	1539	1739
Milehouse Alma Road	0742	0942	1142	1342	1542	1742
St Budeaux Square SB1	0750	0950	1150	1350	1550	1750
Saltash Fore Street	0755	0955	1155	1355	1555	1755
Callington Road shops	0758	0958	1158	1358	1558	1758
Gilston Road Junction	0800	1000	1200	1400	1600	1800
Carkeel Dirty Lane	0804	1004	1204	1404	1604	1804
Hatt Bus Shelter	0808	1008	1208	1408	1608	1808
St Mellion Coryton Arms	0813	1013	1213	1413	1613	1813
Callington New Road arr	0820	1020	1220	1420	1620	1820
Callington New Road dep	0825	1025	1225	1425	1625	1825
Kelly Bray Post Office	0829	1029	1229	1429	1629	1829
Stoke Climsland Rec	0834	1034	1234	1434	1634	1834
Treburley Springer Spaniel	0841	1041	1241	1441	1641	1841
Launceston Tesco	0849	1049	1249	1449	1649	1849
Launceston Westgate Street	0858	1058	1258	1458	1658	1858
Newport Industrial Estate	0900	1100	1300	1500	1700	1900
St Stephens Roydon Road	0903	1103	1303	1503	1703	1903

buses towards Plymouth

St Stephens Roydon Road	0903	1103	1303	1503	1703	1903
Newport Industrial Estate	0905	1105	1305	1505	1705	1905
Launceston Westgate Street	0910	1110	1310	1510	1710	1910
Launceston Tesco	0916	1116	1316	1516	1716	1916
Treburley Springer Spaniel	0924	1124	1324	1524	1724	1924
Stoke Climsland Church Hall	0931	1131	1331	1531	1731	1931
Kelly Bray Post Office	0936	1136	1336	1536	1736	1936
Callington New Road arr	0942	1142	1342	1542	1742	1942
Callington New Road dep	0945	1145	1345	1545	1745	1945
St Mellion Coryton Arms	0952	1152	1352	1552	1752	1952
Hatt Bus Shelter	0956	1156	1356	1556	1756	1956
Carkeel Dirty Lane	0959	1159	1359	1559	1759	1959
Gilston Road Junction	1002	1202	1402	1602	1802	2002
Callington Road shops	1004	1204	1404	1604	1804	2004
Saltash Fore Street	1009	1209	1409	1609	1809	2009
St Budeaux Square S2	1014	1214	1414	1614	1814	2014
Milehouse Central Park	1023	1223	1423	1623	1823	2023
Railway Station Saltash Road	1026	1226	1426	1626	1826	2026
Plymouth Royal Parade	1032	1232	1432	1632	1832	2032

Sundays only

Newquay Bus Station	0900	1100	1300	1500	1700						
Great Western Hotel	0904	1104	1304	1504	1704						
Porth Four Turns	0908	1108	1308	1508	1708						
St Columb Minor shop turn	0911	1111	1311	1511	1711						
Quintrell Downs Quintrell Gardens	0914	1114	1314	1514	1714						
White Cross Cottage	0919	1119	1319	1519	1719						
St Columb Road opp Co-op	0923	1123	1323	1523	1723						
Chapel Road	0925	1125	1325	1525	1725						
Fraddon opp Westbourne Terrace	0928	1128	1328	1528	1728						
Kingsley Village opp services	0929	1129	1329	1529	1729						
St Dennis Surgery	0940	1040	1140	1240	1340	1440	1540	1640	1740	1840	
Nanpean Garage	0945	1045	1145	1245	1345	1445	1545	1645	1745	1845	
Foxhole Costcutter	0948	1048	1148	1248	1348	1448	1548	1648	1748	1848	
High Street Peters Hill	0951	1051	1151	1251	1351	1451	1551	1651	1751	1851	
Trewoon opp Premier Shop	0955	1055	1155	1255	1355	1455	1555	1655	1755	1855	
St Austell White River Cinema	1001	1101	1201	1301	1401	1501	1601	1701	1801	1901	
St Austell Bus & Rail Station C	0835	1010	1106	1210	1306	1410	1506	1610	1706	1810	1906
St Austell ASDA		1015	1215	1415	1615	1815					
St Austell Hospital		1020	1220	1420	1620	1820					
Duporth Two Coves		1022	1222	1422	1622	1822					
Charlestown Old Chapel	0845	1025	1225	1425	1625	1825					

Sundays only

Charlestown Old Chapel	0847	1047	1247	1447	1647	1827					
Duporth Two Coves	0850	1050	1250	1450	1650						
St Austell Hospital	0852	1052	1252	1452	1652						
St Austell ASDA	0857	1057	1257	1457	1657						
St Austell Bus & Rail Station [C]	0902	1102	1302	1502	1702	1837					
St Austell opp White River Cinema	0908	1008	1108	1208	1308	1408	1508	1608	1708	1808	
Trewoon Premier Shop	0913	1013	1113	1213	1313	1413	1513	1613	1713	1813	
High Street opp Peters Hill	0919	1019	1119	1219	1319	1419	1519	1619	1719	1819	
Foxhole opp Costcutter	0923	1023	1123	1223	1323	1423	1523	1623	1723	1823	
Nanpean opp Garage	0926	▼	▼	▼	▼	▼	▼	▼	▼	▼	
St Dennis Boscowan Hotel	0929	1029	1129	1229	1329	1429	1529	1629	1729	1829	
Kingsley Village Services	0934	1034	1134	1234	1334	1434	1534	1634	1734	1834	
Fraddon opp Westbourne Terrace	0945	1145	1345	1545	1745						
Chapel Road	0946	1146	1346	1546	1746						
St Columb Road Co-op	0949	1149	1349	1549	1749						
White Cross opp Cottage	0951	1151	1351	1551	1751						
Quintrell Downs Quintrell Close	0955	1155	1355	1555	1755						
St Columb Minor shop corner	1000	1200	1400	1600	1800						
Porth Four Turns	1003	1203	1403	1603	1803						
Newquay Burger King	1006	1206	1406	1606	1806						
Newquay Bus Station	1010	1210	1410	1610	1810						

Sundays except bank holidays

buses towards St Austell

Fowey Safe Harbour Hotel	0900	1930
Four Turnings Garage	0904	1934
Castle Dore Tywardreath Turn	0907	1937
Tywardreath St Andrews Church	0910	1940
Par opp Railway Station	0913	1943
Par Moorland Road & Par Green	0915	1945
St Blazey Polgean Place	0919	1949
St Blazey opp Old Roselyan Manor	↓	1952
Biscovey School Close	↓	1955
St Blazey Gate Four Lords	0922	↓
Holmbush opp Holmbush Inn	0927	1959
Charlestown Old Chapel	↓	2001
St Austell Bus & Rail Station [B]	0933	2007

buses towards Fowey

St Austell Bus & Rail Station A	0820	1855
Charlestown opp Old Chapel	0826	↓
Holmbush Holmbush Inn	0828	1901
St Blazey Gate Four Lords	↓	1904
Biscovey opp School Close	0832	↓
St Blazey Old Roselyan Manor	0835	↓
St Blazey opp Polgean Place	0838	1907
Par Moorland Road & Par Green	0842	1911
Par Railway Station	0844	1914
Tywardreath opp St Andrews Church	0847	1917
Castle Dore Golant Turn	0850	1920
Four Turnings opp Garage	0853	1923
Fowey Safe Harbour Hotel	0857	1927

Additional Journeys on this route are run by First Kernow, please see their timetables for information.

Sundays and bank holidays

	27	27	27A	27	27A	27	27A	27	27A	27	27
Truro Bus Station [E]	0835	0935	1035	1135	1235	1335	1435	1535	1635	1735	1835
Tresillian opp Fal Garage	0843	0943	1043	1143	1243	1343	1443	1543	1643	1743	1843
Probus Square	0848	0948	1048	1148	1248	1348	1448	1548	1648	1748	1848
Grampound Road opp Post Office	0853	0953	1053	1153	1253	1353	1453	1553	1653	1753	1853
Grampound Road Post Office	0854	0954	▼	1154	▼	1354	▼	1554	▼	1754	1854
St Stephen Bottom Creakavose	▼	▼	1100	▼	1300	▼	1500	▼	1700	▼	▼
St Stephen Great Charles Close	▼	▼	1101	▼	1301	▼	1501	▼	1701	▼	▼
St Stephen Fore Street	▼	▼	1102	▼	1302	▼	1502	▼	1702	▼	▼
High Street Peters Hill	▼	▼	1105	▼	1305	▼	1505	▼	1705	▼	▼
Trewoon opp Stores	▼	▼	1108	▼	1308	▼	1508	▼	1708	▼	▼
Grampound Dolphin Inn	0900	1000	▼	1200	▼	1400	▼	1600	▼	1800	1900
Hewas Water Tybesta House	0904	1004	▼	1204	▼	1404	▼	1604	▼	1804	1904
Sticker Post Office	0906	1006	▼	1206	▼	1406	▼	1606	▼	1806	1906
St Austell White River Cinema	0913	1013	1113	1213	1313	1413	1513	1613	1713	1813	1913
St Austell Bus & Rail Station arr	0917	1017	1117	1217	1317	1417	1517	1617	1717	1817	1917
St Austell Bus & Rail Station dep	0920	1020	1120	1220	1320	1420	1520	1620	1720	1820	1920
Carclaze School	▼	1026	▼	1226	▼	1426	▼	1626	▼	1826	▼
Bethel Spar Shop	0927	▼	▼	▼	▼	▼	▼	▼	▼	▼	1927
Boscoppa Phernyssick Road	0930	▼	▼	▼	▼	▼	▼	▼	▼	▼	1930
Carclaze opp School	0932	1126	▼	1326	▼	1526	▼	1726	▼	1932	▼
Penwithick Penwithick Road	0940	1134	▼	1334	▼	1534	▼	1734	▼	1940	▼
Bugle The Square	0946	1140	▼	1340	▼	1540	▼	1740	▼	1946	▼
Stenalees opp Stores	0949	1143	▼	1343	▼	1543	▼	1743	▼	1949	▼
Roche Hall	0956	1150	▼	1350	▼	1550	▼	1750	▼	1956	▼
Cornwall Services	1002	1156	▼	1356	▼	1556	▼	1756	▼	2002	▼
Lanivet opp car park	1010	1204	▼	1404	▼	1604	▼	1804	▼	2010	▼
Bodmin Robartes Road	1017	1211	▼	1411	▼	1611	▼	1811	▼	2017	▼
Bodmin General Station	1020	1214	▼	1414	▼	1614	▼	1814	▼	2020	▼
Mount Folly	1022	1216	▼	1416	▼	1616	▼	1816	▼	2022	▼
Bodmin Morrisons	1026	1220	▼	1420	▼	1620	▼	1820	▼	2026	▼

Additional Journeys on this route are run by First Kernow, please see their timetables for more information.

Sundays and bank holidays

	27	27A	27	27A	27	27A	27	27A	27	27	27	27
Bodmin Morrisons				1039		1239		1439		1634		1834
Mount Folly		0843		1043		1243		1443		1638		1838
Bodmin General Station		0845		1045		1245		1445		1640		1840
Bodmin Robartes Road		0848		1048		1248		1448		1643		1843
Lanivet car park		0855		1055		1255		1455		1650		1850
Cornwall Services		0903		1103		1303		1503		1658		1858
Roche The Square		0909		1109		1309		1509		1704		1904
Stenalees Stores		0916		1116		1316		1516		1711		1911
Bugle The Square		0919		1119		1319		1519		1714		1914
Penwithick Penwithick Road		0925		1125		1325		1525		1720		1920
Carclaze School	0826	0931	1026	1131	1226	1331	1426	1531	1626	1726	1826	1926
Boscoppa Phernyssick Road	0828	↓	1028	↓	1228	↓	1428	↓	1628	1728	1828	1928
Bethel opp Spar Shop	0831	↓	1031	↓	1231	↓	1431	↓	1631	1731	1831	1931
St Austell Bus & Rail Station C arr	0840	0936	1040	1136	1240	1336	1440	1536	1640	1740	1840	1940
St Austell Bus & Rail Station C dep	0845	0940	1045	1140	1245	1340	1445	1540	1645	1745		1945
St Austell opp White River Cinema	0849	0944	1049	1144	1249	1344	1449	1544	1649	1749		1949
Sticker opp Hewas Inn	0855	↓	1055	↓	1255	↓	1455	↓	1655	1755		1955
Hewas Water opp Tybesta House	0857	↓	1057	↓	1257	↓	1457	↓	1657	1757		1957
Grampond opp Dolphin Inn	0902	↓	1102	↓	1302	↓	1502	↓	1702	1802		2002
Trewoon Stores		0949		1149		1349		1549				
High Street opp Peters Hill		0953		1153		1353		1553				
		↓		↓		↓		↓				
		↓		↓		↓		↓				
		↓		↓		↓		↓				
		↓		↓		↓		↓				
		↓		↓		↓		↓				
St Stephen Fore Street		0957		1157		1357		1557				
St Stephen Bottom Creakavose		0959		1159		1359		1559				
Grampond Road Post Office	0908	1008	1108	1208	1308	1408	1508	1608	1708	1808		2008
Probus Square	0914	1014	1114	1214	1314	1414	1514	1614	1714	1814		2014
Tresillian Fal Garage	0919	1019	1119	1219	1319	1419	1519	1619	1719	1819		2019
Truro Bus Station [E]	0928	1028	1128	1228	1328	1428	1528	1628	1728	1828		2028

Additional Journeys on this route are run by First Kernow, please see their timetables for more information.

Sundays and bank holidays

buses towards Lizard

Redruth Railway Station		1000	1200	1400	1600	1800
Four Lanes Victoria Inn		1011	1211	1411	1611	1811
Wendron Primary School		1024	1224	1424	1624	1824
Helston Tesco	0830	1030	1230	1430	1630	1830
Helston Blue Anchor	0841	1041	1241	1441	1641	1841
Helston Sainsbury (for Flambarbards)	0846	1046	1246	1446	1646	1846
RNAS Culdrose	0851	1051	1251	1451	1651	1851
Cury Parc Enys	0859	1059	1259	1459	1659	
Mullion Cricket Club	0909	1109	1309	1509	1709	
Mullion School	0913	1113	1313	1513	1713	
Mullion Holiday Park	0915	1115	1315	1515	1715	
Ruan Minor Bus Shelter	0922	1122	1322	1522	1722	
Kuggar Phone Box	0926	1126	1326	1526	1726	
The Lizard Green	0938	1138	1338	1538	1738	

buses towards Redruth

The Lizard Green		0945	1145	1345	1545	1745
Ruan Minor Bus Shelter		0954	1154	1354	1554	1754
Kuggar Phone Box		0957	1157	1357	1557	1757
Lizard Cider Farm		1006	1206	1406	1606	1806
Mullion Holiday Park		1008	1208	1408	1608	1808
Mullion School		1010	1210	1410	1610	1810
Mullion Cricket Club		1014	1214	1414	1614	1814
Poldhu Cove		1018	1218	1418	1618	1818
Cury opp Parc Enys		1024	1224	1424	1624	1824
opp RNAS Culdrose		1032	1232	1432	1632	1832
Helston Sainsbury (for Flambarbards)		1037	1237	1437	1637	1837
Helston Seven Stars	0850	1050	1250	1450	1650	1845
Helston Tesco	0855	1055	1255	1455	1655	1850
Wendron opp Primary School	0901	1101	1301	1501	1701	
Four Lanes Victoria Inn	0914	1114	1314	1514	1714	
Redruth Railway Station	0925	1125	1325	1525	1725	

Sundays only

buses towards Gweek Quay

Truro Bus Station [C]	1028	1328	1628
Playing Place Bus Shelter	1038	1338	1638
Carnon Downs bus shelter	1040	1340	1640
Devoran Church	1047	1347	1647
Perranwell opp Royal Oak	1057	1357	1657
Stithians Crellow Lane	1107	1407	1707
Helston Tesco	1125	1425	1725
Helston Seven Stars	1130	1430	1730
Helston Sainsbury (for Flambards)	1135	1435	1735
RNAS Culdrose	1140	1440	
Gweek Quay Chapel Hill	1146	1446	

buses towards Truro

Gweek Quay Chapel Hill	1155	1455	
opp RNAS Culdrose	1201	1501	
Cottage Hospital	1205	1505	
Helston Sainsbury (for Flambards)	0908	1208	1508
Helston Seven Stars	0915	1215	1515
Helston Tesco	0920	1220	1520
Stithians Crellow Lane	0932	1232	1532
Perranwell Royal Oak	0938	1238	1538
Devoran Church	0948	1248	1548
Carnon Downs bus shelter	0958	1258	1558
Playing Place Bus Shelter	1005	1305	1605
Truro Bus Station [C]	1007	1307	1607

45**Troon to Pool**
via Beacon | Camborne | Tolvaddon**Sundays only**

Troon The Square	0847	0947	1047	1147	1247	1347	1447	1547	1647	1747
Beacon opp Cadogan Close	0853	0953	1053	1153	1253	1353	1453	1553	1653	1753
Camborne Bus Station arr bay 5	0857	0957	1057	1157	1257	1357	1457	1557	1657	1757
Camborne Bus Station dep bay 5	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800
Tolvaddon Penwarne Close	0909	1009	1109	1209	1309	1409	1509	1609	1709	1809
Pool opp Tesco Extra	0914	1014	1114	1214	1314	1414	1514	1614	1714	1814

45**Pool to Troon**
via Tolvaddon | Camborne | Beacon**Sundays only**

Pool opp Tesco Extra	0915	1015	1115	1215	1315	1415	1515	1615	1715	1815
Pool opp Health Centre	0917	1017	1117	1217	1317	1417	1517	1617	1717	1817
Tolvaddon Penwarne Close	0921	1021	1121	1221	1321	1421	1521	1621	1721	1821
Camborne Bus Station arr bay 5	0930	1030	1130	1230	1330	1430	1530	1630	1730	1830
Camborne Bus Station dep bay 5	0933	1033	1133	1233	1333	1433	1533	1633	1733	1833
Beacon Cadogan Close	0937	1037	1137	1237	1337	1437	1537	1637	1737	1837
Troon The Square	0943	1043	1143	1243	1343	1443	1543	1643	1743	1843

Sundays only

buses towards Truro

Camborne Bus Station [5]	0830	1030	1230	1430	1630	1830
Pengegon Roundabout Meneth Rd	0835	1035	1235	1435	1635	1835
Dolcaoth Road	0838	1038	1238	1438	1638	1838
Pool Tesco Extra	0842	1042	1242	1442	1642	1842
Pool opp Health Centre	0844	1044	1244	1444	1644	1844
Pool Academy	0846	1046	1246	1446	1646	1846
Park Bottom Trevelyan Road	0849	1049	1249	1449	1649	1849
Paynter's Lane End Alexandra Rd	0851	1051	1251	1451	1651	1851
Tehidy Country Park	0854	1054	1254	1454	1654	1854
Portreath Beach car park	0858	1058	1258	1458	1658	1858
Bridge Hill	0902	1102	1302	1502	1702	1902
Illogan Churchtown	0904	1104	1304	1504	1704	1904
North Country Trenoweth Estate	0912	1112	1312	1512	1712	1912
Redruth Rail Station	0923	1123	1323	1523	1723	1921
Vogue Star Inn	0929	1129	1329	1529	1729	
St Day Market Square	0931	1131	1331	1531	1731	
Carharrack The Carharrack Stars	0936	1136	1336	1536	1736	
Crofthandy Bus Shelter	0939	1139	1339	1539	1739	
Chacewater opp Kings Head	0944	1144	1344	1544	1744	
	↓	↓	↓	↓	↓	
Threemilestone Polstain Road	0952	1152	1352	1552	1752	
Threemilestone opp Victoria Inn	0956	1156	1356	1556	1756	
Treliske Trelawney Wing	1000	1200	1400	1600	1800	
Malabar Estate opp shop	1004	1204	1404	1604	1804	
Truro Railway Station	1010	1210	1410	1610	1810	
Truro Bus Station [H]	1016	1216	1416	1616	1816	

buses towards Camborne

Truro Bus Station [H]	0840	1040	1240	1440	1640	
Truro opp Railway Station	0847	1047	1247	1447	1647	
Malabar Estate shop	0851	1051	1251	1451	1651	
Treliske Trelawney Wing	0857	1057	1257	1457	1657	
Threemilestone Polstain Road	0901	1101	1301	1501	1701	
Threemilestone Post Office	0903	1103	1303	1503	1703	
Chacewater Kings Head	0909	1109	1309	1509	1709	
Crofthandy opp shelter	0914	1114	1314	1514	1714	
Carharrack The Carharrack Stars	0917	1117	1317	1517	1717	
St Day Post Office	0922	1122	1322	1522	1722	
Vogue opp Star Inn	0924	1124	1324	1524	1724	
Redruth Rail Station	0734	0933	1133	1333	1533	1733
North Country Trenoweth Estate	0741	0940	1140	1340	1540	1740
Illogan Churchtown	0749	0948	1148	1348	1548	1748
Bridge Inn	0751	0950	1150	1350	1550	1750
Portreath Beach car park	0755	0954	1154	1354	1554	1754
Tehidy Country Park	0759	0958	1158	1358	1558	1758
Paynter's Lane End Alexandra Rd	0802	1001	1201	1401	1601	1801
Park Bottom Trevelyan Road	0804	1003	1203	1403	1603	1803
	↓	↓	↓	↓	↓	↓
Pool Academy	0807	1006	1206	1406	1606	1806
Pool Health Centre	0809	1008	1208	1408	1608	1808
Pool Tesco Extra	0811	1010	1210	1410	1610	1810
Dolcaoth Road	0815	1014	1214	1414	1614	1814
Pengegon Roundabout Meneth Rd	0818	1017	1217	1417	1617	1817
Camborne Bus Station [5]	0823	1022	1222	1422	1622	1822

Sundays only

buses towards St Mawes

Truro Bus Station Stand E	0855	1125	1355	1625
Truro Upland Crescent	0859	1129	1359	1629
Tresillian Fal Garage	0907	1137	1407	1637
Probus Square	0912	1142	1412	1642
Tregony Square	0924	1154	1424	1654
Roseland Academy				
Tregony Square	↓	↓	↓	↓
Bessybeneath	0928	1158	1428	1658
Ruan High Lanes	0931	1201	1431	1701
Trewithian	0936	1206	1436	1706
Gerrans Church	0940	1210	1440	1710
Portscatho Highertown	0942	1212	1442	1712
St Just In Roseland Church turn	0952	1222	1452	1722
St Mawes Car Park	0959	1229	1459	1729

buses towards Truro

St Mawes Car Park	1003	1233	1503	1733
St Just In Roseland Church turn	1010	1240	1510	1740
Gerrans Church	1020	1250	1520	1750
Portscatho Highertown	1022	1252	1522	1752
Trewithian	1026	1256	1526	1756
Ruan High Lanes	1030	1300	1530	1800
Bessybeneath	1034	1304	1534	1804
Tregony Square	1038	1308	1538	1808
Roseland Academy	▼	▼	▼	▼
Probus Square	1050	1320	1550	1820
Tresillian Fal Garage	1055	1325	1555	1825
Truro Upland Crescent	1103	1333	1603	1833
Truro Bus Station Stand E	1108	1338	1608	1838

Sundays only

buses towards Padstow

Newquay Bus Station	0800	1000	1300	1600
Great Western Hotel	0804	1004	1304	1604
Porth Four Turns	0808	1008	1308	1608
Porth Beach	0811	1011	1311	1611
Watergate Bay	0816	1016	1316	1616
Tregurrian Post Box	0819	1019	1319	1619
Newquay Cornwall Airport	0823	1023	1323	1623
Trevarrian Travellers Rest	0827	1027	1327	1627
Mawgan Porth opp Betty's Shop	0830	1030	1330	1630
St Eval opp bus shelter	0836	1036	1336	1636
Old Macdonalds Farm	0842	1042	1342	1642
Porthcothan Bay	0845	1045	1345	1645
Constantine Bay Surf Stores	0856	1056	1356	1656
St Merryn opp Fryer Tucks	0900	1100	1400	1700
Harlyn Bay Car Park	0905	1105	1405	1705
Windmill Trevone Bay Turn	0908	1108	1408	1708
Padstow Tesco	0912	1112	1412	1712
Padstow Station Road	0917	1117	1417	1717

buses towards Newquay

Padstow Station Road	0930	1230	1530	1730
Padstow Tesco	0934	1234	1534	1734
Windmill Trevone Bay Turn	0938	1238	1538	1738
Harlyn Bay Car Park	0941	1241	1541	1741
St Merryn opp Fryer Tucks	0945	1245	1545	1745
Constantine Bay Surf Stores	0951	1251	1551	1751
Porthcothan Bay	1001	1301	1601	1801
Old Macdonalds Farm	1004	1304	1604	1804
St Eval Bus Shelter	1009	1309	1609	1809
Mawgan Porth Betty's Shop	1016	1316	1616	1816
Trevarrian Travellers Rest	1019	1319	1619	1819
Newquay Cornwall Airport	1023	1323	1623	1823
Tregurrian Post Box	1027	1327	1627	1827
Watergate Bay	1030	1330	1630	1830
Porth Beach	1035	1335	1635	1835
Porth Four Turns	1039	1339	1639	1839
Newquay Burger King	1043	1343	1643	1843
Newquay Bus Station	1051	1351	1651	1851

Sundays only

Plymouth Royal Parade A3	0815	0915	1015	1115	1215	1315	1415	1515	1615	1715	1815	
Railway Station Saltash Road	0819	0919	1019	1119	1219	1319	1419	1519	1619	1719	1819	
Millbridge Molesworth Road	0823	0923	1023	1123	1223	1323	1423	1523	1623	1723	1823	
Molesworth Road Top	0825	0925	1025	1125	1225	1325	1425	1525	1625	1725	1825	
Stoke Village	0704	0827	0927	1027	1127	1227	1327	1427	1527	1627	1727	1827
Ferry Road top	0708	0832	0932	1032	1132	1232	1332	1432	1532	1632	1732	1832
Torpoint Ferry Shop	0724	0854	0954	1054	1154	1254	1354	1454	1554	1654	1754	1854
Trevol Road Roeselare Avenue	0727	0857	0957	1057	1157	1257	1357	1457	1557	1657	1757	1857
Goad Avenue Murdock Road	0729	0859	0959	1059	1159	1259	1359	1459	1559	1659	1759	1859
Trevithick Avenue Kynance Close	0731	0901	1001	1101	1201	1301	1401	1501	1601	1701	1801	1901
Trevol HMS Raleigh	0736	0906	1006	1106	1206	1306	1406	1506	1606	1706	1806	1906
Antony The Carew Arms	0739	0909	1109	1309	1509	1709						
Tregantle Fort	0743	0913	1113	1313	1513	1713						
Whitsand Bay Holiday Park	0751	0921	1121	1321	1521	1721						
Cawsand Triangle	0801	0931	1131	1331	1531	1731						
Kingsand Coombe Park	0803	0933	1133	1333	1533	1733						
Millbrook opp Garade	0808	0938	1138	1338	1538	1738						
Insworke Nillpool Road	0811	0941	1141	1341	1541	1741						
Millbrook Parade	0814	0944	1144	1344	1544	1744						
Cremyll Edgcumbe Arms	0824	0954	1154	1354	1554	1754						

Sundays only

Cremyll Edgcumbe Arms	0825	1025	1225	1425	1625	1755						
Millbrook opp Garade	0835	1035	1235	1435	1635	1805						
Insworke Nillpool Road	0838	1038	1238	1438	1638	1808						
Millbrook Parade	0840	1040	1240	1440	1640	1810						
Kingsand Coombe Park	0844	1044	1244	1444	1644	1814						
Cawsand Triangle	0847	1047	1247	1447	1647	1817						
Whitsand Bay Holiday Park	0854	1054	1254	1454	1654	1824						
Tregantle Fort	0902	1102	1302	1502	1702	1832						
Antony The Carew Arms	0905	1105	1305	1505	1705	1835						
Trevol HMS Raleigh	0909	1009	1109	1209	1309	1409	1509	1609	1709	1809	1839	1909
Goad Avenue Murdock Road	0912	1012	1112	1212	1312	1412	1512	1612	1712	1812	1842	1912
Trevithick Avenue Kynance Close	0915	1015	1115	1215	1315	1415	1515	1615	1715	1815	1845	1915
Trevol Road Roeselare Avenue	0919	1019	1119	1219	1319	1419	1519	1619	1719	1819	1849	1919
Torpoint Ferry Shop	0925	1025	1125	1225	1325	1425	1525	1625	1725	1825	1855	1925
Pottery Road for Torpoint Ferry	0941	1041	1141	1241	1341	1441	1541	1641	1741	1841	1911	1941
Stoke Indian Inn	0947	1047	1147	1247	1347	1447	1547	1647	1747	1847	1917	1947
Millbridge Molesworth Road	0951	1051	1151	1251	1351	1451	1551	1651	1751	1851	1921	1951
Railway Station Saltash Road	0955	1055	1155	1255	1355	1455	1555	1655	1755	1855	1925	1955
Plymouth Royal Parade	1002	1102	1202	1302	1402	1502	1602	1702	1802	1902	1932	2002

Sundays only

towards Polperro

Looe Bay Holiday Park	0900	1100	1300	1500	1700
East Looe Surgery arr	0907	1107	1307	1507	1707
East Looe Surgery dep	0910	1110	1310	1510	1710
West Looe Fire Station	0912	1112	1312	1512	1712
Hannafore Point	0914	1114	1314	1514	1714
West Looe Fire Station	0917	1117	1317	1517	1717
Polperro Crumplehorn	0927	1127	1327	1527	1727

towards Looe Bay

Polperro Crumplehorn	1030	1230	1430	1630	1830
West Looe Fire Station	1040	1240	1440	1640	1840
Hannafore Point	1042	1242	1442	1642	1842
East Looe Surgery arr	1045	1245	1445	1645	1845
East Looe Surgery dep	1049	1249	1449	1649	1849
Looe Bay Holiday Park	1050	1250	1450	1650	1850

Sundays only

buses towards Polperro

Liskeard Post Office dep	0935	1135	1335	1535	1735
Liskeard Railway Station	0937	1137	1337	1537	1737
St Keyne Community Centre	0944	1144	1344	1544	1744
Duloe Post Office	0949	1149	1349	1549	1749
Sandplace Station	0952	1152	1352	1552	1752
East Looe Surgery arr	0958	1158	1358	1558	1758
East Looe Surgery dep	1000	1200	1400	1600	1800
West Looe Fire Station	1003	1203	1403	1603	1803
Camping Caradon	1012	1212	1412	1612	1812
Pelynt Church	1017	1217	1417	1617	1817
Polperro Crumplehorn	1026	1226	1426	1626	1826

buses towards Liskard

Polperro Crumplehorn	0930	1130	1330	1530	1730
Camping Caradon	0939	1139	1339	1539	1739
Pelynt Church	0944	1144	1344	1544	1744
West Looe Fire Station	0953	1153	1353	1553	1753
East Looe Surgery arr	0957	1157	1357	1557	1757
East Looe Surgery dep	1000	1200	1400	1600	1800
Sandplace Station	1004	1204	1404	1604	1804
Duloe Post Office	1009	1209	1409	1609	1809
St Keyne Community Centre	1015	1215	1415	1615	1822
Liskeard Railway Station	1022	1222	1422	1622	1825
Liskeard Lloyds Bank arr	1025	1225	1425	1625	1226

Sundays only

buses towards Truro

Newquay Bus Station	0725	0925	1125	1325	1525	1725
Great Western Hotel	0729	0929	1129	1329	1529	1729
Porth Four Turns	0733	0933	1133	1333	1533	1733
St Columb Minor shop turn	0736	0936	1136	1336	1536	1736
Newquay Holiday Park	0739	0939	1139	1339	1539	1739
St Columb Major Opp Hawkens Way	0746	0946	1146	1346	1546	1746
St Columb Major Old Cattle Market	0747	0947	1147	1347	1547	1747
St Columb Major opp Trelawney Parc	0749	0949	1149	1349	1549	1749
St Columb Road opp Co-op	0755	0955	1155	1355	1555	1755
Indian Queens opp Tregawne	0757	0957	1157	1357	1557	1757
Fraddon opp Westbourne Terrace	0800	1000	1200	1400	1600	1800
Kingsley Viaalge opp Fraddon serv	0801	1001	1201	1401	1601	1801
Mitchell Pillars Close	0807	1007	1207	1407	1607	1807
St Erme Poliskan Way	0815	1015	1215	1415	1615	1815
Truro Tregurra Lane	0822	1022	1222	1422	1622	1822
Truro Bus Station [D]	0827	1027	1227	1427	1627	1827

buses towards Newquay

Truro Bus Station [D]	0740	0840	1040	1240	1440	1640
Truro Tregurra Lane	0744	0844	1044	1244	1444	1644
St Erme opp Poliskan Way	0751	0851	1051	1251	1451	1651
Mitchell Pillars Close	0800	0900	1100	1300	1500	1700
Kingsley Viaalge Fraddon Services	0806	0906	1106	1306	1506	1706
Fraddon Westbourne Terrace	0807	0907	1107	1307	1507	1707
Indian Queens Tregawne	0810	0910	1110	1310	1510	1710
St Columb Road Co-op	0812	0912	1112	1312	1512	1712
St Columb Major Trelawney Parc	0818	0918	1118	1318	1518	1718
St Columb Major Old Cattle Market	0820	0920	1120	1320	1520	1720
St Columb Major Hawkens Way	0821	0921	1121	1321	1521	1721
Newquay opp Holiday Park	0828	0928	1128	1328	1528	1728
St Columb Minor shop corner	0831	0931	1131	1331	1531	1731
Porth Four Turns	0834	0934	1134	1334	1534	1734
Newquay Burger King	0838	0938	1138	1338	1538	1738
Newquay Bus Station	0845	0945	1145	1345	1545	1745

Sundays only

buses north towards Bude

St Columb Major Trelawney Parc	0825	0955	1155	1355	1555	1825			
St Columb Major Cattle Market	0827	0957	1157	1357	1557	1827			
Winnards Perch	0833	1003	1203	1403	1603	1833			
Royal Cornwall Showground	0841	1011	1211	1411	1611	1841			
Wadebridge Bus Station dep	0853	1023	1223	1423	1623	1853			
Wadebridge The Platt	0855	1025	1225	1425	1625	1855			
Wadebridge School		1028	1228	1428	1628				
St Minver Fourways Inn		1020	1038	1238	1438	1638	2020		
Tredrizzick Pityme Inn		1016	1042	1242	1442	1642	2016		
Rock Clock Garage		1013	1045	1245	1445	1645	2013		
Trebetherick The Mowhay		1008	1050	1250	1450	1650	2008		
Polzeath Beach		1003	1055	1255	1455	1655	2003		
St Endellion Church		0958	1106	1306	1506	1706	1958		
Port Isaac Church Hall Rooms		0944	1113	1313	1513	1713	1944		
Pendoggett Cornish Arms		0938	1120	1320	1520	1720	1938		
Delabole Post Office		0931	1127	1327	1527	1727	1931		
Delabole Smugglers		0927	1131	1331	1531	1731	1927		
Camelford Clease Road	0917	0917	0941	1141	1341	1541	1741	1917	1917



Camelford Methodist Church		0943	1143	1343	1543	1743	1919	
Trewarmett opp Post Box		0955	1155	1355	1555	1755		
Tintagel opp Visitor Centre		1000	1200	1400	1600	1800		
Bossiney Bus Shelter		1005	1205	1405	1605	1805		
Boscastle Bridge		1015	1215	1415	1615	1815		
Tresparrett Posts		1025	1225	1425	1625	1825		
Higher Crackington		1029	1229	1429	1629	1829		
Crackington Haven opp Cabin café		1033	1233	1433	1633	1833		
Wainhouse Corner opp Garage		1041	1241	1441	1641	1841	1936	
Treskinnick Cross		1045	1245	1445	1645	1845	1940	
Widemouth Bay Widemouth Manor		1048	1248	1448	1648	1848	1943	
Bude The Strand		1100	1300	1500	1700	1900	1955	

buses south towards St Columb Major

Bude The Strand	0810	1000	1200	1400	1600	1800	
Widemouth Bay Manor	0819	1009	1209	1409	1609	1809	
Treskinnick Cross	0822	1012	1212	1412	1612	1812	
Wainhouse Corner Garage	0826	1016	1216	1416	1616	1816	
Crackington Haven Cabin Café		1024	1224	1424	1624	1824	
Higher Crackington Post Office		1027	1227	1427	1627	1827	
Tresparrett Posts	0831	1031	1231	1431	1631	1831	
Boscastle Car Park	0841	1041	1241	1441	1641	1841	
Bossiney Bus Shelter	0852	1052	1252	1452	1652	1852	
Tintagel Visitor Centre	0857	1057	1257	1457	1657	1857	
Trewarmett	0903	1103	1303	1503	1703	1903	
Camelford Church	0915	1115	1315	1515	1715	1915	
Camelford Clease Road	0917	1117	1317	1517	1717	1917	
Delabole Smugglers	0927	1127	1327	1527	1727	1927	
Delabole Westdowns Road	0931	1131	1331	1531	1731	1931	
Pendoggett Cornish Arms	0938	1138	1338	1538	1738	1938	
Port Isaac Church Hall	0944	1144	1344	1544	1744	1944	
St Endellion Church	0958	1158	1358	1558	1758	1958	

Polzeath Beach	1003	1203	1403	1603	1803	2003	
Trebetherick The Mowhay	1008	1208	1408	1608	1808	2008	
Rock Clock Garage	1013	1213	1413	1613	1813	2013	
Tredrizzick Pityme Inn	1016	1216	1416	1616	1816	2016	
St Minver Four Ways Inn	1020	1220	1420	1620	1820	2020	
Wadebridge opp School	1030	1230	1430	1630	1830	2030	
Wadebridge The Platt	1033	1233	1433	1633	1833	2033	
Wadebridge Bus Station	1040	1240	1440	1640	1840	2040	
Royal Cornwall Showground	1047	1247	1447	1647	1847	2047	
Winnards Perch	1055	1255	1455	1655	1855	2055	
St Columb Major Cattle Market	1101	1301	1501	1701	1901	2101	
St Columb Major Trelawney Parc	1103	1303	1503	1703	1903	2103	

The highlighted times are served by our **GUARANTEED** connecting journey. Hop on the 0917 or 1917 bus at Camelford Clease Road towards St Columb Major