

DYING MATTERS WEEK PROGRAMME

Mon 18th May	Caradoc Room	2.00pm – 3.00pm	'Burning Questions' – myths about cremation. Sue Hearn, manager, Glynn Valley Crematorium	3.15pm – 4.30pm	Funeral Poverty & related matters Cornish Funeral Company
	Doniert Room	3.30pm – 4.15pm	"To Die or Not to Die? - that is the Question." Suicide/assisted suicide. Rev. J E Littlewood	4.30pm – 5.15pm	'Losing the Plot' – mental capacity, living wills, lasting power of attorney. Jo Coombs
Tues 19th May	Hub Cafe	3.00pm – 5.00pm	Death Cafe – led discussion with tea/coffee & cake (<i>Kate & Anne</i>)		
	Doniert Room	4.00pm – 5.00pm	Traditional Funerals Esther Hall – F D Hall	5.15pm – 6.00pm	Stress & Anxiety Helen Fox
Weds 20th May	Hub Cafe	3.00pm – 5.00pm	Death Cafe – led discussion with tea/coffee & cake (<i>Kate & Jo</i>)		
	Caradoc Room	2.00pm – 3.00pm	'Staring at the Sun' – a discussion on Death Anxiety, led by Anne & Jan	3.15pm – 4.00pm	'We did it OUR way!' - DIY Funerals – information, examples, experiences.
Thurs 21st May	Hub Cafe	10.30am – 12.00	Death Cafe – led discussion with tea/coffee & cake (<i>Kate & Anne</i>)		
	Doniert Room	10.00am – 11.00am	Complementary Therapies Helen Fox	11.15am – 12.00	Complementary Therapies Helen Fox
Fri 22nd May	Hub Cafe	10.30am – 12.00	Death Cafe – led discussion with tea/coffee & cake (<i>Kate & Anne</i>)		
	Doniert Room	2.00pm – 3.00pm	'Green Burials & Pentiddy Natural Burial Centre' Ele & Anthony Waters - Pentiddy	3.15pm – 4.00pm	'Your Questions Answered' – responding to questions posted during the week.
Sat 23rd May	The Hall	7.00pm – 11.00pm	THE DEAD GOOD CONCERT! Singing by Con Brio & Willow, music & dancing with the fantastic Klesbians!	Tickets <u>£4 (£3 conc)</u> £5 on door	Buffet in hall provided by Cathy of the Hub Cafe <u>£5 BOOKING ESSENTIAL</u>

THROUGHOUT THE WEEK:

Displays near the Doniert & Caradoc rooms

Boxes for questions & feedback and collecting boxes for donations in the rooms throughout the week.

A cardboard coffin donated by F D Hall (funeral directors, Upton Cross) will be in one of the art studios behind the hall, together with art materials. You are invited to add decorations etc throughout the week. The coffin will be auctioned at the concert!

A 'Memory Tree' & tags for you to write on & tie onto the tree in the cafe

We are very grateful to our donors & all those who are providing talks & workshops to make this event happen:

**F D Hall & Son, Cornish Funeral Company,
Pentiddy Natural Burials, Haye Mill Trust,
Dignity Caring Funeral Services**

**and to the Liskerrett Centre for hosting
this event**



NATIONAL DYING MATTERS AWARENESS WEEK



'Small actions - big difference'

**The Liskerrett Centre, Liskeard
Monday May 18th - Saturday May 23rd**

PROGRAMME

There is no charge for any of the events except the Dead Good Concert, but donations to help us cover costs are greatly appreciated.