

## TEAM UP TO BEAT CANCER FUNDRAISE. WALK. CELEBRATE.

Start a team with friends, family and colleagues and join **Relay For Life** to help beat cancer sooner.

To find out more or register

Call 0300 123 1026 Visit cruk.org/relay



## What is Relay For Life?

Relay For Life is an overnight community event that celebrates cancer survivors, remembers those lost with a moving Candle of Hope ceremony and rallies everyone to fight back. Anybody can join in, regardless of age or fitness level. Relays are fun for all the family and everyone is welcome!

In the lead up to the Relay, teams get together and raise as much money as they can. You can do anything you like to raise vital pounds for our ground-breaking research – from coffee mornings to concerts, challenges and car washes, every pound donated brings forward the day when all cancers are cured.

## What happens during the Relay event?

party to life!

The Relay itself is the celebration of everyone's fundraising efforts. Teams set up camp and take it in turns to walk round the track for the duration of the event. Plenty of food, entertainment and activities bring this neighbourhood

Relay For Life
Coming to a town near you!

## Your local Relay For Life:

The Liskeard Relay is a 24 hour event starting at 12 noon on Saturday 23<sup>rd</sup> May and ending at 12 noon on Sunday 24<sup>th</sup> May. To find out more about taking part as a team captain, team member or survivor please contact <a href="liskeardrfi15@gmail.com">liskeardrfi15@gmail.com</a>

During the weekend entry is FREE to the public, there will be stalls, entertainment and refreshments so please come and support your local community.

Register today

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Celebrate. Remember. Fight back.

Relay For Life is organised by volunteers from a Relay For Life Committee on behalf of Cancer Research UK. Cancer Research UK is a registered charity in England and Wales (1089464), Scotland (SC041666) and the Isle of Man (1103). The Cancer Research UK name and logo is a registered trademark of Cancer Research UK and the Relay For Life name and logo is a registered trademark of the American Cancer Society. All rights reserved.

