



Welcome to our guide to services showing Atlantic Coast Line trains between Par and Newquay.

**Amendments to published times**

Public Holidays and rail improvement works may affect services in this timetable, especially at weekends. For the latest timetable information, please visit our website or download our smartphone app. All information correct at time of publication. Errors and omissions excepted.

**Want to bring your bike?**

Bike reservations are compulsory on many of our services. Space is limited on board, and so we operate a strict first-come, first-served policy. Book a space at your nearest staffed station, through our Customer Support team, or when you buy your ticket online at **GWR.com**

**Short platforms**

Some stations on our network have short platforms. In some cases you can only join or leave the train from certain carriages. Please listen for announcements.

**GWR Customer Panel**

We have a Customer Panel to give us feedback on our services and to contribute good ideas. If you would like to join the Panel, please sign up at **GWR.com**

**National Rail**

For further information on train times and fares, visit **nationalrail.co.uk** or call **03457 48 49 50\*** (24 hours, call may be recorded). You can also download a copy of the **National Rail Conditions of Travel** from this website.

**Transport Focus**

Transport Focus is the independent passenger watchdog for the UK's public transport users. Please call **0300 123 2350\*** or visit **transportfocus.org.uk**

**PlusBus**

Buy an add-on ticket giving you discounted bus travel to and from many of our stations. Visit **plusbus.info** for more details.

**The Devon & Cornwall Rail Partnership**

works to promote rail travel in the region and to improve services and facilities at our stations. For more details, please visit **dcrp.org.uk**

**Free Wi-Fi** is available on most of our trains.

**Notes and symbols**

- Bold** Through service
- Light** Connecting service
- GW** Great Western Railway
- XC** CrossCountry
- Bike reservations are compulsory. First Class accommodation, seat reservations, Wi-Fi and power points are available
- ▣ Seat reservations are recommended
- Ⓜ On-train refreshments are available for all or part of the journey
- Ⓜ Minimum time, in minutes, you need to allow between connecting services (this is only shown at stations where this differs from the standard 5 minute allowance)
- Ⓜ Interchange with London Underground
- Ⓜ Plusbus available
- a Arrival time
- c Change at Bodmin Parkway and Par
- d Departure time
- e Change at Par
- f Change at Bodmin Parkway
- g Change at Par and Plymouth
- h Arrives at 2339 on Fridays
- j Arrives at 0507 on Friday nights / Saturday mornings
- k Change at Par and Bodmin Parkway
- x Stops on request. Please tell the Conductor if you wish to leave. Please signal to the Driver if you wish to board
- DEE To Dundee
- EDB To Edinburgh
- MAN To Manchester Piccadilly
- NTA To Newton Abbot
- PNZ To Penzance

**Great Western Railway named trains**

**AC** The Atlantic Coast Express

\* Standard network charges apply. Calls from mobiles may be higher

**PAR TO NEWQUAY: THE ATLANTIC COAST LINE**

**MONDAYS TO FRIDAYS**

**UNTIL 5 JULY AND FROM 2 SEPTEMBER**

Operator	GW	GW	GW	GW	GW	GW
Named Train						
Notes						
London Paddington Ⓜ Ⓜ d	·	0730	1003	1203	1403	1603
Exeter St Davids Ⓜ Ⓜ d	0655	1011	1209	1408	1621	1824
Plymouth Ⓜ d	0814	1119	1314	1511	1725	1931
Par	d	0917	1211	1407	1610	1829 2028
Luxulyan	d	0928x	1222x	1418x	1621x	1840x 2039x
Bugle	d	0934x	1227x	1424x	1626x	1846x 2045x
Roche	d	0938x	1233x	1429x	1632x	1850x 2049x
St Columb Road	d	0950x	1244x	1440x	1643x	1902x 2101x
Quintrell Downs	d	0958	1252	1448	1651	1910 2109
Newquay Ⓜ a	1009	1302	1459	1702	1921	2120

**SATURDAYS**

**UNTIL 7 SEPTEMBER**

XC	GW	GW	XC	GW	XC	GW
■	■	Ⓜ	■	Ⓜ	Ⓜ	■
·	·	0702e	0903f	<b>1135</b>	1303f	1603
·	·	0741	<b>0934</b>	<b>1133</b>	<b>1359</b>	1545 1817
<b>0731</b>	<b>0903</b>	<b>1050</b>	<b>1239</b>	<b>1503</b>	<b>1650</b>	1930
<b>0819</b>	<b>0954</b>	<b>1145</b>	<b>1336</b>	<b>1548</b>	<b>1745</b>	<b>2023</b>
·	·	·	·	·	·	2034x
·	·	·	·	·	·	2040x
·	·	·	·	·	·	2044x
·	·	·	·	·	·	2056x
·	·	·	·	·	·	2104
<b>0909</b>	<b>1047</b>	<b>1239</b>	<b>1429</b>	<b>1647</b>	<b>1839</b>	<b>2115</b>

**SUNDAYS**

**UNTIL 8 SEPTEMBER**

GW	XC	GW	GW	GW	GW
■		■	Ⓜ		
·	·	·	<b>1003</b>	1203	1503
·	·	0852	<b>1222</b>	1424	1720
·	<b>0920</b>	1005	<b>1329</b>	1530	1825
<b>0900</b>	<b>1012</b>	<b>1149</b>	<b>1423</b>	<b>1646</b>	<b>1922</b>
<b>0911x</b>	·	<b>1200x</b>	·	<b>1658x</b>	<b>1933x</b>
<b>0917x</b>	·	<b>1213x</b>	·	<b>1704x</b>	<b>1939x</b>
<b>0922x</b>	·	<b>1217x</b>	·	<b>1708x</b>	<b>1944x</b>
<b>0933x</b>	·	<b>1229x</b>	·	<b>1720x</b>	<b>1955x</b>
<b>0941</b>	·	<b>1237</b>	·	<b>1728</b>	<b>2003</b>
<b>0950</b>	<b>1106</b>	<b>1247</b>	<b>1513</b>	<b>1738</b>	<b>2013</b>

**MONDAYS TO FRIDAYS**

**FROM 8 JULY TO 30 AUGUST**

Operator	GW	GW	GW	GW	GW	GW
Named Train						
Notes						
London Paddington Ⓜ Ⓜ d	·	0635c	<b>0903</b>	1203	1403	1603
Exeter St Davids Ⓜ Ⓜ d	<b>0655</b>	0926	<b>1119</b>	1408	1621	1824
Plymouth Ⓜ d	<b>0814</b>	1033	<b>1230</b>	1511	1725	1931
Par	d	0917	1144	1329	1610	1829 2028
Luxulyan	d	0928x	1155x	·	1621x	1840x 2039x
Bugle	d	0934x	1200x	·	1626x	1846x 2045x
Roche	d	0938x	1206x	·	1632x	1850x 2049x
St Columb Road	d	0950x	1217x	·	1643x	1902x 2101x
Quintrell Downs	d	0958	1225	·	1651	1910 2109
Newquay Ⓜ a	1009	1235	1419	1702	1921	2120

**SATURDAYS**

**FROM 14 SEPTEMBER**

GW	GW	GW	GW	GW	GW	GW
2345p	·	0730	1003	1203	1403	1503
0411	0655	1016	1208	1408	1618	1753
0540	0818	1120	1310	1510	1726	1910
<b>0652</b>	<b>0917</b>	<b>1212</b>	<b>1405</b>	<b>1610</b>	<b>1820</b>	<b>2015</b>
<b>0703x</b>	<b>0928x</b>	<b>1223x</b>	<b>1416x</b>	<b>1621x</b>	<b>1831x</b>	<b>2026x</b>
<b>0709x</b>	<b>0934x</b>	<b>1229x</b>	<b>1422x</b>	<b>1627x</b>	<b>1837x</b>	<b>2032x</b>
<b>0713x</b>	<b>0938x</b>	<b>1233x</b>	<b>1426x</b>	<b>1631x</b>	<b>1841x</b>	<b>2036x</b>
<b>0725x</b>	<b>0950x</b>	<b>1245x</b>	<b>1438x</b>	<b>1643x</b>	<b>1853x</b>	<b>2048x</b>
<b>0733</b>	<b>0958</b>	<b>1253</b>	<b>1446</b>	<b>1651</b>	<b>1901</b>	<b>2056</b>
<b>0744</b>	<b>1009</b>	<b>1304</b>	<b>1457</b>	<b>1702</b>	<b>1912</b>	<b>2107</b>

**SUNDAYS**

**FROM 15 SEPTEMBER**

GW	GW	GW
·	0805	1203
·	1104	1424
<b>0900</b>	<b>1214</b>	<b>1530</b>
<b>1010</b>	<b>1315</b>	<b>1634</b>
<b>1021x</b>	<b>1326x</b>	<b>1645x</b>
<b>1027x</b>	<b>1332x</b>	<b>1651x</b>
<b>1032x</b>	<b>1337x</b>	<b>1656x</b>
<b>1043x</b>	<b>1348x</b>	<b>1707x</b>
<b>1051</b>	<b>1356</b>	<b>1715</b>
<b>1102</b>	<b>1407</b>	<b>1726</b>



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## Further information

**GWR****K3**

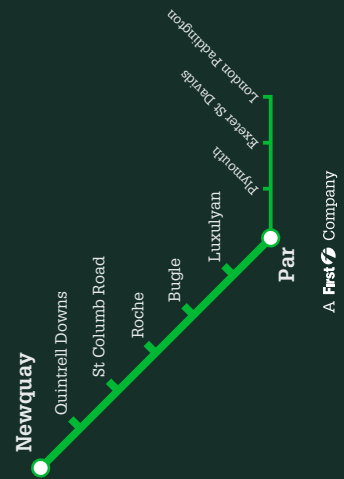
Great Western Railway

Timetable

19 May to 14 December 2019

Par to Newquay

The Atlantic Coast line



## NEWQUAY TO PAR: THE ATLANTIC COAST LINE

## UNTIL 5 JULY AND FROM 2 SEPTEMBER

MONDAYS TO FRIDAYS

Operator	GW	GW	GW	GW	GW	GW
Named Train						
Notes						
Newquay	d 1013	1305	1501	1719	1924	2126
Quintrell Downs	d 1019	1311	1507	1725	1930	2132
St Columb Road	d 1026x	1318x	.	1732x	1937x	2139x
Roche	d 1038x	1330x	.	1744x	1948x	2151x
Bugle	d 1042x	1334x	1528x	1748x	1953x	2155x
Luxulyan	d 1048x	1340x	.	1754x	2000x	2201x
Par	a 1102	1354	1547	1808	2013	2216
Plymouth	a 1155	1453	1651	1906	2120	2347
Exeter St Davids	ⓐ a 1300	1559g	1800g	2044	2240g	0057
London Paddington	ⓐ a 1522	1816g	2037g	2342h	.	0503j
Train continues to						

## UNTIL 7 SEPTEMBER

SATURDAYS

XC	GW	GW	XC	GW	XC	GW
	AC					
0940	1128	1322	1535	1728	1900	2118
.	.	.	.	.	.	2124
.	.	.	.	.	.	2131x
.	.	.	.	.	.	2142x
.	.	.	.	.	.	2147x
.	.	.	.	.	.	2153x
1027	1222	1411	1622	1820	1948	2206
1114	1308	1525	1716	1918	2046	2313
1222	1415	1659e	1821	2028	2223	.
1516e	1631	1922e	2131e	2244	.	.
DEE	NTA	MAN				

## UNTIL 8 SEPTEMBER

SUNDAYS

GW	XC	GW	GW	GW	GW
0958	1138	1310	1559	1745	2020
1004	.	1316	.	1751	2026
1012x	.	1324x	.	1759x	2034x
1023x	.	1335x	.	1810x	2045x
1028x	.	1340x	.	1815x	2050x
1031x	.	1343x	.	1820x	2053x
1045	1224	1357	1651	1834	2107
1140	1312	1456	1741	1930	2210
1248	1422	1558	1849	2034	0023k
1514	1722e	1816	2114	2333	0502k
	EDB				

## FROM 8 JULY TO 30 AUGUST

MONDAYS TO FRIDAYS

Operator	GW	GW	GW	GW	GW	GW
Named Train						
Notes						
Newquay	d 1013	1240	1507	1719	1924	2126
Quintrell Downs	d 1019	1246	.	1725	1930	2132
St Columb Road	d 1026x	1253x	.	1732x	1937x	2139x
Roche	d 1038x	1304x	.	1744x	1948x	2151x
Bugle	d 1042x	1309x	.	1748x	1953x	2155x
Luxulyan	d 1048x	1316x	.	1754x	2000x	2201x
Par	a 1102	1335	1559	1808	2013	2216
Plymouth	a 1155	1453	1654	1906	2117	2347
Exeter St Davids	ⓐ a 1300	1559g	1800	2044	2240g	0057
London Paddington	ⓐ a 1522	1816g	2037	2342h	.	0503j
Train continues to		PNZ				

## FROM 14 SEPTEMBER

SATURDAYS

GW	GW	GW	GW	GW	GW	GW
0747	1013	1306	1500	1720	1915	2118
0753	1019	1312	1506	1726	1921	2124
0800x	1026x	1319x	1513x	1733x	1928x	2131x
0812x	1038x	1331x	1525x	1745x	1940x	2142x
0816x	1042x	1335x	1529x	1749x	1944x	2147x
0822x	1048x	1341x	1535x	1755x	1950x	2153x
0838	1102	1355	1550	1810	2005	2206
0942	1155	1456	1650	1915	2113	2313
1103	1301	1600g	1759g	2041	2228g	.
1321	1521	1821g	2037g	2343	.	.

## FROM 15 SEPTEMBER

SUNDAYS

GW	GW	GW
1112	1510	1745
1118	1516	1751
1126x	1524x	1759x
1137x	1535x	1810x
1142x	1540x	1815x
1147x	1545x	1820x
1201	1559	1834
1257	1656	1930
1402	1801	2034
1621	2021	2333

RECYCLE  
AFTER USE